

Deconfined menu summer 2020

As a Starter.....

Gaspacho	6.25
* Garden salad	5.50
*Terrine du mois	7.95
Ceasar salad	7.75
* Duck confit, maple dressing	10.95
* Beets salad with goat cheese, pecan and nut oil dressinf	13.25
* Maple Frelighsburg smokes salmon with dill sauce	12.25
– Quésadillas , warm goat cheese ,tomatoes and basil	11.95

In between....

*Nachos gratinated, Monterey Jack cheese,, jalapenos, salsa,black olives	15.95
Croque-monsieur 2 Clochers style	12.95
Bagel with cream cheese 6.95 Bagel, cream cheese Frelighsburg smoked salmon	13.95
Fries in a basket half pound 6.50 one pound	12.25
(choice of mayonnaise : nature, hot mustard and shalotts or lime, extra 1.25)	

On the shores of the pike river

Club Frélix	14.95
Mountain burger	13.25
Vegetarian burger	13.25
Sandwich on country bread (served with salad or fries)	
Sandwich duck confit	16.95
Sandwich with grilled chicken	12.95
Sandwich tuna salad	12.95
Sandwich bacon ,lettuce, tomatoes	12.95
(Plate split in 2, 3.00\$ extra)(gluten free bread extra 2.50\$)(Half fries, half salad extra 2.00\$)	

From the green garden

Ceasar salad	small :7.75	large :13.25	with grilled chickené extra 5.00
*Smoked duck salad with maple dressing	18.50		
* Florentine salad(bacon, eggs, spinach...)	14.95	* Niçoise salad	15.50
Vegan bowl with dragon sauce(7 grain rice, vg pattie, sauteed spinach, beets, chicks peas etc...)			
16.95			

Des alternatives intéré

Duck poutine with mustard sauce	small 13.50	large 17.50
European sausages with with sauerkraut or fries	13.95	
Hot dog bavarois etwith fries(french baguette, sauerkraut, honey dijon mustard,)	12.95	
2 chicken fajitas with fries	14.25	
Penne, sautéed with grenn peppers, bacon and pink tomatoe sauce	15.75	
Hamburger steak JOYHILL with fries, sauteed onions and mustard sauce	15.95	
Ribs Jack Daniels and fries, BBQ orange sauce	Half rack 17.95	Full rack 26.95

De superbes grillades

* Grilled chicken with BBQ orange sauce	17.25
* Salmon filet with pecan and balsamic maple sauce	21.95
* Shrimps and scallops kebab with garlic butter	21.95
* Lamb chops gratinated with goat cheese	23.95
Filet mignon, mustard sauce	25.95
*Elk striploin	28.95
(Grilled specialty served with choice of rice, fries or steamed potatoes)	

* GLUTEN FREE

<u>For the mountain kidss.....</u> (please 12 years or less) small juice includeds			
Small burger and fries	8.50	Grilled cheese and friess	8.50
Penne and tomatoe sauce	8.50	Grilled chicken, veggies and fries	8.50